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INS-1 Cells Undergoing Caspase-Dependent Apoptosis Enhance the Regenerative Capacity of Neighbouring Cells

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Objective: In diabetes, beta cell mass is not static but in a constant process of cell death and renewal. Inactivating mutations in *transcription factor 1 (tcf-1)/hepatocyte nuclear factor1a (hnf1a)* result in decreased beta cell mass and HNF1A-maturity-onset-diabetes-of-the-young (HNF1A-MODY). Here we investigated the effect of a dominant-negative HNF-1A mutant (DN-HNF1A) induced apoptosis on the regenerative capacity of INS-1 cells.

Research design and methods: DN-HNF1A was expressed in INS-1 cells using a reverse tetracycline-dependent transactivator system. Gene(s)/protein(s) involved in beta cell regeneration were investigated by real-time quantitative RT-PCR, Western blotting, and immunohistochemistry. Pancreatic stone protein/regenerating protein (PSP/reg) serum levels in human subjects were detected by ELISA.

Results: We detected a prominent induction of *PSP/reg* at gene and protein level during DN-HNF1A-induced apoptosis. Elevated PSP/reg levels were also detected in islets of transgenic HNF1A-MODY mice and in the serum of HNF1A-MODY patients. The induction of *PSP/reg* was glucose dependent and mediated by caspase activation during apoptosis. Interestingly, the supernatant from DN-HNF1A-expressing cells, but not DN-HNF1A-expressing cells treated with zVADfmk, was sufficient to induce *PSP/reg* gene expression and increase cell proliferation in naïve, untreated INS-1 cells. Further experiments demonstrated that Annexin-V-positive microparticles (MPs) originating from apoptosing INS-1 cells mediated the induction of *PSP/reg*. Treatment with recombinant PSP/reg reversed the phenotype of DN-HNF1A-induced cells by stimulating cell proliferation and increasing *insulin* gene expression.

Conclusion: Our results suggest that apoptosing INS-1 cells shed microparticles that may stimulate *PSP/reg* induction in neighbouring cells, a mechanism that may facilitate the recovery of beta cell mass in HNF1A-MODY.

Maturity-onset diabetes of the young (MODY) is a familial form of non-insulin dependent diabetes characterized by early onset of disease, autosomal dominant inheritance and insulin secretory defects (1). MODY type 3, results from mutations in the gene encoding *transcription factor-1 / hepatocyte nuclear factor1a (tcf-1/hnf1a)* (2), recently denoted as HNF1A-MODY. HNF1A belongs to a network of transcription factors controlling organ-specific gene expression during embryonic development and in adult tissues (3). Previous studies demonstrated that HNF1A is expressed in adult beta cells and regulates genes involved in glucose and lipid

homeostasis as well as beta cell specific genes (4-10).

Transgenic mice carrying a deletion of the *hnf1a* gene have defective glucose-stimulated insulin secretion without insulin resistance in target tissues (3), similar to individuals with HNF1A-MODY (11). Findings from animal and cellular models of HNF1A-MODY suggest a decline in functional beta cell mass as the primary mechanism of this defect (8; 12; 13). Previous studies from our and other laboratories have shown that gene knock-out of HNF-1A or expression of DN mutants of HNF1A (DN-HNF1A) inhibits AKT signaling, decreases cell proliferation, and renders cells susceptible to apoptosis (8; 14; 15). Evidence is growing that beta cell mass is

not static but in a constant process of cell death and renewal (16). However, it remains unclear in these models how increased beta cell apoptosis is linked to a compensatory stimulation of regenerative processes.

The *Regenerating (Reg)* gene family belong to the calcium-dependent lectin gene superfamily (17). Pancreatic stone protein (PSP) was identified from extracts of calcified pancreatic concretions (18). Regenerating protein (*reg*) was independently identified in a screen of a regenerating islet-derived cDNA library taken from 90% depancreatized rats (19) and was found to be identical to PSP (20). Subsequent studies highlighted the potential role for the *Reg* gene family in pancreatic regeneration (21). We investigated the expression of the *PSP/reg* gene during DN-HNF1A-induced apoptosis and found *PSP/reg* to be prominently upregulated. We also provide biochemical evidence that apoptotic cells shed microparticles (MPs) that may stimulate *PSP/reg* induction in neighbouring cells, thereby linking beta cell apoptosis with beta cell regeneration.

RESEARCH DESIGN AND METHODS

INS-1 cells overexpressing HNF1A in an inducible system. Rat insulinoma INS-1 cells overexpressing wild-type HNF1A (WT-HNF1A) or a dominant-negative mutant of HNF1A (DN-HNF1A) under control of a doxycycline-dependent transcriptional activator have been described previously (4; 8). Cells were cultured in RPMI 1640 at 6 mM glucose supplemented with 10% FBS (PAA, Cölbe, Germany), 2 mmol/l L-glutamine, 1 mmol/l pyruvate, penicillin (100 U/ml), streptomycin (100 µg/ml), 10 mmol/l HEPES (pH 7.4) and 50 µmol/l 2-mercaptoethanol (Sigma, Dublin, Ireland). For experiments investigating glucose dependence of *PSP/reg* induction, expression of DN-HNF1A was induced for 24 h and continued for a further 2 h in medium supplemented with glucose at 3, 6, 12 and 18

mmol/l. For caspase inhibition, cells were pre-incubated with 100 µmol/l of the broad-spectrum caspase inhibitor zVAD.fmk (Bachem, St. Helen's, UK) for 45 mins prior to induction.

Real-time quantitative RT-PCR (qPCR). cDNA synthesis was performed using 1.5 µg total RNA as template and Superscript II reverse transcriptase (Invitrogen, Paisley, UK) primed with 50 pmol random hexamers (New England Biolabs, Ipswich, MA, USA). Real-time PCR was performed using the LightCycler 2.0 (Roche Diagnostics, Indianapolis, IN, USA) and the QuantiTech SYBR Green PCR kit (Qiagen). Specific PCR primers were designed using Primer3 software (sequences available on request). For absolute quantification of *hnf1a* copy number a gene-specific PCR amplicon of known concentration was prepared as a standard. Melting curve analysis and gel electrophoresis was utilized to verify specificity of all PCR products. The data were analysed using LightCycler Software 4.0® with all samples normalized to β -actin.

Western Blotting. For Western blotting analysis, 25 µg protein lysates were obtained from INS-1 cells overexpressing WT-HNF1A and DN-HNF1A as described (9). The rabbit polyclonal anti-PSP/*reg* antibody (22) was diluted 1:20,000 in Tris-buffered saline containing 1% bovine serum. The primary mouse monoclonal anti- β -actin antibody was utilized at a 1: 10,000 dilution (Sigma). HRP-conjugated secondary antibodies were obtained from Pierce and detected using SuperSignal West Pico Chemiluminescent Substrate (Pierce) and imaged using a FujiFilm LAS-3000 imaging system (Fuji, Sheffield, UK).

Immunohistochemistry. Paraffin-embedded pancreatic sections from rat insulin promoter (RIP)-DN-HNF1A and control wild-type C57BL/6JBomTac mice (13) were deparaffinized and incubated overnight at 4 °C with the rabbit polyclonal anti-PSP/*reg*

antibody diluted 1:20 (22). Specificity of the antibody was confirmed by Western blotting experiments using recombinant human PSP/reg protein as a control. Slides were incubated for 1 h at RT in Rhodamine labeled anti-rabbit secondary antibody (Jackson ImmunoResearch, UK) (1:100). Slides were incubated again overnight at 4 °C with the second primary guinea pig anti-insulin antibody (DakoCytomation A0564; 1:20) followed by 1 h at RT in FITC labeled anti-goat secondary antibody (Jackson ImmunoResearch; 1:100) and mounted in Vectashield with DAPI (Vector Shield, Vector Labs; Burlingame, CA). Images were taken with a Zeiss LSM710 confocal microscope equipped with a 40 ×1.3NA oil immersion objective (Carl Zeiss, Jena, Germany). FITC was excited at 488 nm with an argon laser, using a 488/543 nm multi chroic beam splitter, the emission was collected at a 490- to 550-nm spectral band. Rhodamine was excited at 543 nm with a helium neon laser, using the same beam splitter, and the emission was collected at a 570-650nm spectral band. DAPI was excited using the 405 nm DPSS laser, and a 405nm dichroic beam splitter. DAPI fluorescence was detected in the 420-480nm spectral band. Images were processed using Zeiss LSM 4.2 software (Carl Zeiss, Germany). Rhodamine positive cells in the periphery and interior of the islet were quantified as a percentage of total islet cells using Image J software.

Determination of caspase-3-like protease activity. INS-1 cells were seeded at 1×10^5 per ml on a 24 well plate and allowed to settle overnight. Following treatment cells were lysed in 200 μ l lysis buffer (10 mM Hepes, pH 7.4, 42 mM KCl, 5 mM MgCl₂, 1 mM PMSF, 0.1 mM EDTA, 0.1 mM EGTA, 1 mM DTT, 1 μ g/ml pepstatin A, 1 μ g/ml leupeptin, 5 μ g/ml aprotinin, 0.5 % CHAPS). Fifty μ l of this lysate was then added to 150 μ l reaction buffer (25mM Hepes, 1 mM EDTA, 0.1 % CHAPS, 10 % sucrose, 3 mM

DTT, pH 7.5) containing 10 μ M Ac-DEVD-AMC which is efficiently cleaved by the apoptotic executioner caspases 3, and 7 among others (23). Cleavage of the substrate DEVD-AMC resulting in the accumulation of fluorescent AMC was measured on a Genios fluorescence plate reader (Tecan) using 355 nm excitation and 460 nm emission wavelengths as previously described (9). Protein content was determined using the Pierce Coomassie Plus Protein assay reagent (Perbio) and activity expressed as change in fluorescent units/ μ g of protein/h.

Detection of nuclear apoptosis. Cells were stained using DAPI to visualize nuclear morphology. Condensed and/or fragmented nuclei were considered apoptotic and observed using an Eclipse TE 300 inverted microscope (Nikon, Dusseldorf, Germany) and a 20 x dry objective, with DAPI excited at 340 ± 25 nm and the emission collected between 450-500 nm.

BrdU Cell Proliferation assay. Cellular proliferation was assessed by means of Bromodeoxyuridine (5-bromo-2-deoxyuridine, BrdU) incorporation using the BrdU Cell Proliferation Assay (Calbiochem). BrdU was added to cells for 24 h and cells were fixed following treatment. Following incubations with the primary and secondary antibodies the peroxidase labeled secondary antibody was detected by addition of substrate solution for 15 min and the reaction stopped. Absorbance was read using a Bio-Rad 550 microplate reader at dual wavelengths of 450/540 nm. The values for the background wells were subtracted from all values. The data was normalized to non-induced control.

Microparticle Isolation and Purification. Cell supernatants were centrifuged (500 g; 15 min) to remove floating cells and medium containing MPs released from INS-1 cells collected following an established protocol (24). The medium was filtered using 0.2 μ m filters (VWR International, Dublin, Ireland) in order to remove MPs. MPs were analyzed on

a Coulter EPICS XL flow cytometer (Beckman Coulter, Villepinte, France) as previously described (25). Regions corresponding to MPs were identified in forward light scatter (FCS) and side-angle light scatter (SSC) dot plots using a logarithmic gain. The gate for MPs was defined as events with a 0.1-1 μm diameter, in comparison with calibrator beads (Megamix fluorescent beads of 0.5, 0.9 and 3 μm in diameter; Biocytex, Marseille, France), and plotted on a FL/FSC dot plot to determine the MPs. MPs were defined as membrane vesicles smaller than 1 μm in diameter and expressing externalized phosphatidylserine (PS). PS was labelled using Fluoroisothiocyanate-conjugated Annexin V (Roche Diagnostics, France) in the presence or absence (negative control) of CaCl_2 (5 mM) as reported earlier (25).

Preparation of recombinant human PSP/reg protein. The recombinant human PSP/reg protein was generated as previously described (22; 26). Briefly, the coding region of PSP/reg was cloned into a transfer vector (pPIC9, Invitrogen) containing the signal sequence of the yeast α -mating factor to drive the protein into the secretory pathway.

Subjects and clinical and laboratory measurements. Sixteen diabetic subjects with mutations in the HNF-1A gene (P291fsinsC, n=8 and p.Ser353fs, n=7) were identified from an Irish MODY collection. Sequencing of the HNF1A gene was performed by IntegraGen GmbH (Bonn, Germany). Control subjects were first degree relatives of HNF1A positive subjects who were non-diabetic and negative for the known HNF1A mutation in their pedigree (n=7). In addition, 10 GAD and/or islet antibody positive patients with type 1 diabetes were recruited in the Mater Misericordiae University Hospital. Anthropometric measurements including weight, height, and BMI were obtained. The plasma glucose concentration was measured using an YSI analyser (Roche, France).

Haemoglobin A 1c was determined using HPLC (Menarini HA81-10, Italy). Anti-glutamic acid decarboxylase (GAD) was analysed using competitive fluid phase RIA by the Neuroscience group in John Radcliffe Hospital, Oxford and Islet Cell Antibodies (ICA) by UCL Medical School, London by similar means. Study groups were matched for age sex and BMI as shown in Table 1 and approved by the Mater Misericordiae University Hospital Ethics committee.

PSP/reg ELISA. The ELISA to quantify human PSP/reg was performed using anti-sera from rabbits and guinea pigs immunized with recombinant human PSP/reg protein as previously described (22; 27). Serum was prepared by centrifugation and the IgG were purified by affinity chromatography on Protein A columns. Subsequently, a sandwich ELISA was designed on 96-well ELISA plates. Antibody of the first species (Guinea pig) was coated to the bottom, blocked with BSA and aliquots of serum were then incubated for two hrs. After washing, antibodies of the other species (Rabbit) was incubated. Finally, a phosphatase coupled anti-rabbit IgG was used. Patient serum PSP/reg levels were compared with standard amounts of protein of recombinant human PSP/reg.

Statistical Analysis. Results were expressed as means \pm SEM. Statistical analysis was conducted using the SPSS v.15.0 software package for Windows (SPSS Inc.). Differences between treatments were analyzed by Student's t-test, as well as one-way analysis of variance (ANOVA) and subsequent Tukey's tests. Non-parametric data were analyzed by Mann-Whitney U-test. Differences were considered to be significant at $P < 0.05$.

RESULTS

The inducible expression of DN-HNF1A leads to a potent induction of PSP/reg mRNA and protein. Inducible, dominant

negative suppression of HNF1A function in INS-1 cells reduces the expression of HNF1A target genes involved in glucose and lipid homeostasis (4), and induces a caspase-dependent apoptosis (8). To investigate the relationship between DN-HNF1A expression, activation of apoptosis, and induction of the regenerative *PSP/reg* gene in particular, INS-1 cells stably transfected with respective rtTA systems were induced to express either DN-HNF1A or WT-HNF1A. We observed a time-dependent induction of DN-HNF1A or WT-HNF1A mRNA in the respective INS-1 cells (Fig. 1A). This correlated with a significant reduction in mRNA levels of *pdl1*, a known HNF1A target gene (7) in response to DN-HNF1A expression but not WT-HNF1A (Fig. 1B). Examination of the expression of the *Reg* family of genes in INS-1 cells demonstrated that DN-HNF1A led to a potent induction of the *PSP/reg* gene at 24 h (~ 15 fold) and 48 h (~ 30 fold). Induction of WT-HNF1A for up to 48 h did not significantly regulate *PSP/reg* expression (Fig. 1C).

We next investigated PSP/reg protein levels after induction of DN-HNF1A. Cleavage of PSP/reg converts the 16-kDa proteins into a 14-kDa insoluble fibrillar protein (28). Western blot analysis demonstrated a significant upregulation of the PSP/reg protein (16 kDa) following DN-HNF1A induction, and a time-dependent increase in the 14 kDa form of PSP/reg (Fig. 1D).

High extracellular glucose levels potentiates *PSP/reg* mRNA induction. We next determined whether the induction of *PSP/reg* mRNA was glucose dependent. Interestingly, we found that the DN-HNF1A induction of *PSP/reg* mRNA expression was modulated by varying extracellular glucose concentrations for 2 hr following DN-HNF1A induction. The increase in *PSP/reg* mRNA expression was potentiated in a concentration-dependent with the highest induction evident at 18 mmol/l (Fig. 2A).

Elevated PSP/reg levels in a HNF1A-MODY animal model and in the serum of HNF1A-MODY patients. We analyzed paraffin-embedded pancreatic sections from 5 month old diabetic (Fig. 2B) mice expressing DN-HNF1A in beta cells and compared them to wild-type C57BL/6JBomTac mice. Sections were co-stained for PSP/reg and Insulin. PSP/reg was expressed at low levels in wild-type islets (36 ± 1 PSP/reg positive cells per islet; $n = 8$ islets from $n = 2$ animals) and was found almost exclusively in peripheral islet cells. In contrast, DN-HNF1A islets showed significantly elevated PSP/reg-positive islet cells (82 ± 2 PSP/reg positive cells per islet; $n = 8$ islets from $n = 2$ animals). Moreover, PSP/reg positive cells were found to be widespread throughout the transgenic islets and were also detectable in insulin-negative islet cells. Strong expression was also observed in the surrounding acinar cells (Fig. 2B). Interestingly, high magnification analysis suggested that many islet cells with elevated PSP/reg immunoreactivity were positioned in the vicinity of cells displaying apoptotic nuclear morphology (Fig. 2C).

We next sought to determine whether increased PSP/Reg1a levels could also be detected in HNF1A-MODY diabetic subjects. We analyzed serum PSP/Reg1a levels in a group of 16 diabetic subjects with HNF1A-MODY using ELISA. Results were compared with serum levels in 7 HNF1A-MODY negative, non-diabetic family members. PSP/Reg1a levels were significantly elevated in HNF1A-MODY subjects (Fig. 2D). Interestingly, we also detected elevated PSP/Reg1a serum levels in the serum of patients with type 1 diabetes ($n = 10$ patients; Fig. 2D).

Induction of *PSP/reg* mRNA and protein by DN-HNF1A function involves the activation of caspases. Previously we demonstrated that DN-HNF1A-induced apoptosis of INS-1 cells required caspases

and involved the activation of the mitochondrial apoptosis pathway (8). To assess whether the activation of executioner caspases influenced DN-HNF1A-induced *PSP/reg* mRNA induction, we first determined the time course of DEVDase activation (indicative of executioner caspase 3/7 activity) by monitoring the cleavage of a fluorogenic caspase substrate. In agreement with our earlier report (8), there was a significant caspase activity in the time frame of 24-48 h post induction. Expression of WT-HNF1A or doxycycline treatment of parental INS-1 cells did not activate caspases (Fig. 3A). Furthermore, DN-HNF1A induction mediated nuclear morphological changes indicative of apoptosis with condensation and fragmented nuclei. Pre-treatment with the pan-caspase inhibitor zVAD.fmk inhibited the occurrence of this apoptotic morphology confirming the caspase dependence (Fig. 3B). Given the similar kinetics of *PSP/reg* mRNA induction and caspase activation, we explored the possibility that caspase activation regulated *PSP/reg* expression. Indeed, DN-HNF1A induction of *PSP/reg* expression was completely inhibited by pre-treatment with zVAD.fmk (Fig. 3C, D). Next we addressed whether DN-HNF1A induction of *PSP/reg* mRNA could be sufficiently explained by its ability to activate apoptosis. Indeed, induction of apoptosis in INS-1 cells with the topoisomerase inhibitor, etoposide, was sufficient to increase *PSP/reg* mRNA levels in a caspase dependent manner (Fig. 3E).

Conditioned medium from DN-HNF1A-induced INS1 cells results in a prominent increase in *PSP/reg* mRNA expression in naïve INS-1 Cells. Executioner caspases such as caspase-3 inactivate transcription and translation processes (29), suggesting that apoptosing cells were unlikely to be the source of increased *PSP/reg* mRNA during DN-HNF1A-induced apoptosis. We investigated whether this increased expression was due to apoptosing cells sending a

paracrine signal to neighbouring cells. After 48 h of DN-HNF1A induction in the presence and absence of zVAD.fmk, the conditioned medium was added directly to naïve INS-1 cells resulting in a 16 fold increase in *PSP/reg* mRNA levels in the naïve INS1-cells (Fig. 4A). This induction was absent in cultures incubated with the conditioned medium of zVAD.fmk pre-treated DN-HNF1A-induced cells (Fig. 4A) or heat inactivated conditioned medium (Fig. 4B), supporting the hypothesis that apoptotic cells secrete (a) heat-sensitive factor(s) which stimulate(s) *PSP/reg* gene induction in neighbouring cells.

Removal of Microparticles (MPs) inhibits *PSP/reg* gene induction. MPs are small (100 nm) membrane vesicles, originating from blebbing membranes of apoptotic cells and can be identified by Annexin V staining. These MPs may contain nuclear proteins as well as nucleic acids (30; 31). We examined if MPs were present in our conditioned medium, and if so, whether these could modulate *PSP/reg* expression. After 48 h of DN-HNF1A induction in the presence and absence of zVAD.fmk, we enriched for MPs in the supernatant (25) and applied either filtered or unfiltered medium to naïve INS-1 cells for a further 24 h. Naïve INS1-cells treated with the unfiltered conditioned medium from DN-HNF1A-induced cells had increased *PSP/reg* mRNA levels which was abolished by filtration of this conditioned medium, or by using unfiltered medium from DN-HNF1A-induced cultures in the presence of zVAD.fmk (Fig. 4C). Importantly, flow cytometry identified increased MPs levels in the unfiltered compared with the filtered conditioned medium from the same experiment, indicating that MPs were not generated by the isolation procedure (Fig. 4D). Indeed, MPs were at least 150 fold more abundant in unfiltered compared to filtered conditioned medium with a significantly reduced level in zVAD.fmk pre-treated unfiltered medium (Fig. 4D). These results

suggest that caspases are required for MP formation, and their removal abolishes the conditioned medium induced *PSP/reg* mRNA expression in naïve INS-1 cells.

Treatment of INS-1 cells with recombinant PSP/reg protein reverses the DN-HNF1A-induced decrease in cell proliferation and increases *insulin* mRNA levels. Animal models of diabetes have demonstrated that recombinant PSP/reg (rPSP/reg) increases beta cell mass and beta and ductal cell proliferation (21; 32). DN-HNF1A induction led to significant decreases in cell proliferation as detected by BrdU incorporation which was reversed by rPSP/reg treatment (Fig. 5A). Decreased cell proliferation has been attributed to DN-HNF1A induced expression of the cell cycle inhibitor *p27^{Kip1}* (8; 9). Induction of DN-HNF1A led to increased *p27^{Kip1}* mRNA expression, but did not affect *p21^{WAF1}* expression (data not shown), with rPSP/reg co-treatment reducing DN-HNF1A induced *p27^{Kip1}* expression (Fig. 5C). Furthermore, the rPSP/reg treatment rescued the decrease in *insulin* gene expression induced by DN-HNF1A expression (Fig. 5B). Taken together our data suggest that rPSP/reg treatment reverses the DN-HNF1A induced phenotype. Indeed, BrdU incorporation was also significantly elevated in naïve INS-1 cells treated with conditioned cultured medium from DN-HNF1A induced cells compared to those induced in the presence of zVAD.fmk (Fig. 5D).

DISCUSSION

The present study provides evidence that beta cell apoptosis may stimulate beta cell regeneration. We demonstrate: (i) that dominant negative suppression of HNF1A leads to apoptosis and a potent induction of *PSP/reg*; (ii) this induction was potentiated by increased extracellular glucose concentrations; (iii) the induction of *PSP/reg* was inhibited by the broad-spectrum caspase

inhibitor, zVAD.fmk, which also inhibited DN-HNF1A-induced apoptosis; (iv) conditioned medium from DN-HNF1A-induced cells was sufficient to induce *PSP/reg* expression in naïve INS-1 cells, suggesting that apoptosing INS-1 cells secrete factors that stimulate *PSP/reg* induction in neighbouring cells; (v) removal of MPs from this conditioned medium inhibited *PSP/reg* induction, suggesting that MPs released from blebbing membranes mediated this effect; (vi) treatment of INS-1 cells with rPSP/reg protein reversed the DN-HNF1A-induced decrease in cell proliferation and *insulin* mRNA, (vii) moreover, PSP/reg serum levels were significantly elevated in HNF1A-MODY patients and type 1 diabetics compared to HNF1A-MODY-negative, non-diabetic family members.

Regulation of beta cell mass in HNF1A-MODY. Evidence is growing that functional beta cell mass is decreased in animal models of MODY and in type 2 diabetes, with an increased apoptosis rate largely contributing to this decrease (12; 13; 33). However, a decrease in beta cell mass does not necessarily implicate that new beta cells are not generated during disease progression. Indeed, beta cell mass is a result of a homeostatic balance between the generation of new beta cells and the rate of their apoptosis (34). As HNF1A-MODY and Type 2 diabetes evolve over several years or decades, the destruction or apoptosis rate of beta cells may eventually exceed the rate of beta cell generation during disease progression.

Although beta cell regeneration may occur during disease progression, it is not clear whether this happens through self-replication of mature beta cells, through neogenesis of progenitor cells residing in the pancreas or recruited from other tissues, or through transdifferentiation. Here we supply to our knowledge for the first time evidence that the interaction of beta cell apoptosis and

regeneration is more complex, and in fact that both processes may be mechanistically linked. In our study, we observed that DN suppression of HNF1A or apoptosis induced by genotoxic stress (etoposide) led to caspase-dependent apoptosis of INS-1 cells, associated with the induction of the regenerative *PSP/reg* gene. Furthermore, conditioned medium from apoptosing cells was sufficient to stimulate *PSP/reg* mRNA expression and BrdU incorporation in naïve INS-1 cells. These findings allow for the conclusion that apoptosing beta cells secrete factor(s) that can stimulate regenerative gene induction and cellular proliferation in neighboring cells. Finally we demonstrate that administration of rPSP/reg reversed the DN-HNF1A-induced decrease in cell proliferation; supporting the concept that beta cell replication may be positively regulated by beta cell apoptosis. The ability of apoptotic cells to provide signaling cues for their environment has been demonstrated in other settings, such as inhibition of inflammation. Interestingly, recent studies have demonstrated that caspase activation is required for tissue regeneration during wound healing and planarian regeneration (35; 36), suggesting that tissue regeneration in response to caspase-dependent apoptosis may be an evolutionary conserved process.

PSP/reg: Biological effects and role in HNF1A-MODY. The Reg family of proteins constitute a multigene family in humans and rodents (19). PSP/reg increases beta cell mass and stimulates beta cell proliferation under physiological conditions and in 90% depancreatized and nicotinamide-injected rats (19; 37). Studies in mice lacking the gene *Reg1*, the mouse homologue of *PSP/reg*, revealed that *Reg1* is involved in cell cycle progression and normal islet growth (37). *Reg1* knockout mice have significant reductions in islet cell mass and rate of DNA synthesis in isolated islet cells (37; 38). We identified that rPSP/reg reversed the DN-

HNF1A induced upregulation of *p27^{Kip1}* gene expression and the concomitant decrease in *insulin* expression. Previous studies have shown that PSP/reg induces ERK1/2 signalling in MKN45 gastric cancer cells (39). However, the signal transduction pathways activated by PSP/reg in pancreatic islets warrant further investigation. Interestingly, we observed that elevated extracellular glucose concentrations rapidly potentiated *PSP/reg* gene expression. This may represent an important physiological feed-back loop for the regulation of beta cell mass.

PSP/reg is physiologically secreted from pancreatic acinar cells (20). In the adult rat, PSP/reg has been shown to be present only in small amounts in beta cells (20; 40). We detected increased expression of PSP/reg in insulin-positive islet cells in 5 month old transgenic HNF1A-MODY mice, confirming previous findings that PSP/reg is expressed in islets during injury and regeneration processes (17; 19). Moreover, PSP/reg was also found in insulin-negative islet cells (Fig. 2B). In this context, a recent study has suggested alpha cells to be the major source of beta-cell regeneration/conversion in mice *in vivo* (41). We also detected increased PSP/reg levels in the serum of HNF1A-MODY patients. We can only speculate whether the source of PSP/reg in the serum of HNF1A-MODY patients was the endocrine or exocrine pancreas, i.e. islet or acinar cells. We can likewise not exclude that these levels came from other organs potentially affected in HNF1A-MODY such as the liver where PSP/reg is also expressed (42). However, we also detected elevated levels of PSP/reg in subjects with Type 1 diabetes, arguing for a role for pancreatic injury and beta cell apoptosis as a source for elevated PSP/reg serum levels.

Microparticles as signal transducers or enablers. In our study we detected that apoptotic INS-1 cells released Annexin V-positive MPs into the medium in a caspase-

dependent manner. MPs are being increasingly described as efficient vehicles for the release of signaling molecules. MPs enable communication between different cell types (43), and also deliver proteins to cells that do not normally express them (44). MPs deriving from apoptotic cells have been shown to carry nuclear proteins as well as nucleic acids (31; 45). Filtration experiments suggested that the absence of MPs abolished the effect of the conditioned medium to induce *PSP/reg* mRNA in naïve INS-1 cells. This suggested that cytokines, peptide hormones or other soluble messengers present in the conditioned medium did not mediate this effect. Interestingly, heat inactivation of the conditioned medium was sufficient to inhibit *PSP/reg* mRNA expression in naïve INS-1 cells. It is therefore tempting to speculate that MPs may contain signaling molecules or nuclear proteins which, upon uptake by neighboring cells, enhanced *PSP/reg* gene expression in these cells.

CONCLUSION

In conclusion, our study demonstrates that the execution of caspase-dependent apoptosis in INS-1 cells stimulates the induction of regenerative genes in neighboring cells, suggesting a role for MPs and *PSP/reg* in this

process. These findings provide new mechanistic insights into a fundamental aspect of beta cell mass regulation.

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Figure Legends

Figure 1: The inducible expression of DN-HNF1A leads to a potent induction of *PSP/reg* mRNA and protein. (A) The time-course of *hnfla* gene induction in DN-HNF1A and WT-HNF1A induced INS-1 cells, represented by absolute quantitative PCR (qPCR). Data are presented as cDNA copy number per μ l of the *hnfla* gene expression. Data are represented as means \pm SEM from $n = 3$ cultures. The experiment was repeated 3 times with similar results.* $p < 0.05$ indicates the difference from non-induced controls.

(B) **Quantification of *pyruvate dehydrogenase kinase (Pdk1)* gene expression.** DN-HNF1A and WT-HNF1A INS-1 cells were induced with doxycycline from 0 to 48 h. *Pdk1* mRNA expression was examined using real-time qPCR relative to β -actin. Data shown are the means \pm SEM of $n=3$ cultures. The experiment was repeated 4 times with similar results.* $p < 0.05$, difference from non-induced controls. (C) **Quantification of *PSP/reg* gene expression following DN-HNF1A and WT-HNF1A induction in INS-1 cells.** INS-1 cells were treated with 500 ng / ml doxycycline from 0 to 48 h. mRNA expression of *PSP/reg* was examined using real-time qPCR relative to β -actin. Expression levels were normalized to control cells and data represent means \pm SEM from $n = 3$ cultures.* $p < 0.05$ difference from non induced controls.

Experiments were repeated 6 times with similar results **(D)** Whole cell lysates (25 µg) were analysed by Western blotting on 15% SDS-PAGE. Membranes were probed with a polyclonal antibody recognizing PSP/reg. The 14 kDa fragment represents a PSP/reg cleavage product. β-actin served as a loading control. Approximate molecular weights are provided on the right side of the figure. Similar results were obtained in two separate experiments.

Figure 2: High extracellular glucose potentiates *PSP/reg* mRNA induction in DN-HNF1A expressing INS-1 cells. **(A)** INS-1 cells were induced to express DN-HNF1A for 24 h. Cultures were continued for 2 h at either 3, 6, 12 and 18 mmol/l glucose concentrations. After this period, mRNA expression of *PSP/reg* was analyzed by real time qPCR. Expression levels were normalized to non-induced control cells and data are represented as means ± SEM from $n = 3$ cultures. * $p < 0.05$ for difference from non induced controls; # $p < 0.05$, difference from induced cultures at 3 mmol/l glucose. Experiment was repeated 3 times with similar results. **(B) *PSP/reg* immunoreactivity in islet cells in an *in vivo* mouse model of DN-HNF1A-induced apoptosis.** Paraffin-embedded pancreatic sections on slides from 5 month old wild-type C57BL/6JBomTac control mice and RIP-DN-HNF1A transgenic mice were double stained using antibodies against PSP/reg and Insulin. Primary antibodies were recognised by secondary antibodies coupled to Rhodamine (red) for PSP/reg and to FITC (green) for insulin respectively. Cell nuclei were stained with DAPI (blue). Bar = 10 µm. **(C) *PSP/reg* immunoreactivity in islets cells in proximity to cells showing apoptotic nuclear morphology.** High magnification images of PSP/reg immunoreactivity and DAPI staining in islets of DN-HNF1A mice. Arrows indicate cells exhibiting apoptotic nuclear morphology. Bar = 10 µm. **(D) *PSP/reg* protein is detectable in the serum of HNF1A-MODY subjects and type 1 diabetics.** Serum from HNF1A-MODY patients, their MODY-negative family members and type 1 diabetes patients were analyzed by a specific ELISA detecting human PSP/reg. The square indicates the normal range (Rolf Graf, historic data). Individual values, the average as well as the standard deviation are plotted. PSP/reg levels in HNF1A-MODY and type 1 diabetics were significantly different from MODY-negative, control family members (* $p < 0.05$).

Figure 3: Activation of caspases during DN-HNF1A induced apoptosis triggers *PSP/reg* induction. **(A)** Time course of caspase-3-like protease activity in whole cell extracts. INS-1 cells were induced to overexpress WT-HNF1A or DN-HNF1A for 0, 16, 24 and 48 h. As a control, parental INS-1 cells were treated with doxycycline for 0, 16, 24 and 48 h. Caspase protease activity was measured by cleavage of the fluorogenic substrate Ac-DEVD-AMC (10 µM). Activities are represented as increase in AMC fluorescence (in A.U.) per 1 h per µg of protein. Data represent means ± SEM from $n=6$ cultures. Experiments were repeated 2 times with similar results. * $p < 0.05$ difference from non induced controls. **(B)** Treatment with the broad spectrum caspase inhibitor zVAD.fmk (100 µM) inhibits apoptosis after induction of DN-HNF1A. Cultures were simultaneously pre-treated with doxycycline and zVAD.fmk or vehicle (dimethylsulfoxide; zVAD.fmk) for 48. Apoptotic cell morphology was assessed by DAPI staining of nuclear chromatin. **(C)** zVAD.fmk inhibits *PSP/reg* mRNA induction. The mRNA expression of *PSP/reg* was examined using real-time qPCR. Expression levels were normalized to non-induced plus non-induced zVAD.fmk treated control cells. Data are represented as means ± SEM from $n = 3$ cultures. * $p < 0.05$ for difference from non-induced controls. # $p < 0.05$, difference compared to doxycycline alone treated cultures. The experiment was repeated three times with similar results. **(D)** PSP/reg protein expression was detected by Western blotting. A duplicate experiment showed similar results. Membrane was stripped and reprobed with anti-β-actin as a loading control. **(E)** *PSP/reg* gene induction in parental INS-1 cells treated with

etoposide is caspase dependent. INS-1 cells were simultaneously treated with etoposide (3 μ M) or vehicle (0.1% DMSO) for 24 h in the presence and absence of zVAD.fmk (100 μ M). Following treatment, mRNA expression of *PSP/reg* was examined using real-time qPCR. Expression levels were normalized to control cells. Data are represented as means \pm SEM from $n = 3$ separate cultures. * $p < 0.05$ for difference from non induced controls. # $p < 0.05$, difference compared to etoposide alone treated cultures. Data shown are the mean of $n=3$ separate experiments.

Figure 4: Conditioned medium from DN-HNF1A-induced INS1 cells results in a prominent increase in *PSP/reg* mRNA expression in naïve INS1 Cells. (A) INS-1 cells were induced with 500 ng/ml of doxycycline in the presence and absence of zVAD.fmk (100 μ M) at 0.05% serum in 6 mM glucose for 48 h. The conditioned culture medium was added to the non-induced, naïve cells for a further 24 h. After treatment, mRNA expression of *PSP/reg* was analyzed by real-time qPCR. Expression levels were normalized to non-induced controls. Data are represented as means \pm SEM from $n = 3$ cultures. * $p < 0.05$ for difference from non induced controls; # $p < 0.05$, difference from doxycycline alone treated cultures. Experiments were repeated 6 times with similar results. (B) Duplicate experiments of INS-1 cells were induced for 48 h. Conditioned culture medium was heat-inactivated at 95 °C for 15 minutes and added to the naïve cells for a further 24 h. *PSP/reg* gene expression was analyzed by real-time qPCR. Data are represented as means \pm SEM from $n = 3$ cultures. * $p < 0.05$ for difference from non induced controls. Experiments were repeated 4 times with similar results. (C) The conditioned medium from cells treated as described in (A) above was centrifuged and filtered through 0.20 μ M filters and added to naïve INS-1 cells for 24 h. Unfiltered conditioned medium served as a control. *PSP/reg* gene expression was analyzed by real-time qPCR. Data are represented as means \pm SEM from $n = 3$ cultures. * $p < 0.05$ for difference from non induced controls. Experiments were repeated 3 times with similar results. (D) INS-1 cells were induced with doxycycline in the presence and absence of zVAD.fmk. The conditioned culture medium was added to naïve cells for a further 24 h. Supernatants were collected and detached cells were precipitated at (300 X g), followed by additional 800 X g centrifugation. MPs were quantified as described in Materials and Methods.

Figure 5: Treatment of INS1 cells with recombinant *PSP/reg* protein reverses the phenotype of HNF1A-MODY cells.

(A) INS-1 cells were induced to express DN-HNF1A for 24 h before being cultured for a further 24 h in the presence and absence of 10 ng/ml of r*PSP/reg* for 24 h. Proliferation was assessed by BrdU incorporation into the cells. Data are a mean \pm SEM from $n=6$ cultures. Experiments were repeated 3 times with similar results. * $p < 0.05$ for difference from non induced controls. # $p < 0.05$, difference compared to doxycycline alone treated cultures. (B, C) DN-HNF1A INS-1 cells were treated as described in (A) above. *Insulin* (B) and *p27^{Kip1}* (C) gene expression was analyzed by real-time qPCR. Data are represented as means \pm SEM from $n = 3$ cultures. * $p < 0.05$ for difference from non induced controls. # $p < 0.05$, difference compared to doxycycline alone treated cultures. Experiments were repeated 3 times with similar results. (D) The supernatant of apoptosing INS-1 cells induced by DN-HNF1A overexpression is sufficient to stimulate cell proliferation in naïve INS-1 cells. Cells were induced with 500 ng / ml of doxycycline in the presence and absence of zVAD.fmk (100 μ M) in 0.05% serum at 6 mM glucose for 48 h. The conditioned culture medium was added to the non-induced, naïve cells for a further 24 h. After treatment, cell proliferation was assessed by BrdU incorporation. Data are a mean \pm SEM from $n=6$ cultures. Experiments were repeated 3 times with similar results. * $p < 0.05$ for difference from non induced controls. # $p < 0.05$, difference compared to doxycycline alone treated cultures.

Table 1. Summary of the study groups used for ELISA measurement of PSP/reg levels. Patients were age, sex and BMI matched. Data is represented as mean \pm SEM. * $p < 0.05$ compared to HNF-1A MODY negative group.

Group	HNF 1A-MODY	HNF 1A-MODY Negative	T1DM	p value
N	16	7	10	
Sex (F:M)	10:6	4:3	6:4	
Age (years)	35.8 \pm 20	27.9 \pm 11	31.8 \pm 4.9	n.s.
BMI (kg/m ²)	24.4 \pm 4	26.6 \pm 7.9	25.5 \pm 1.3	n.s.
HbA1c (%)	7.6 \pm 0.3*	5.4 \pm 0.3	7.8 \pm 0.3*	* $p < 0.05$
PSP (ng/ml)	18.8 \pm 2.7*	8.3 \pm 3.8	17.3 \pm 1.7*	* $p < 0.05$

Figure 1

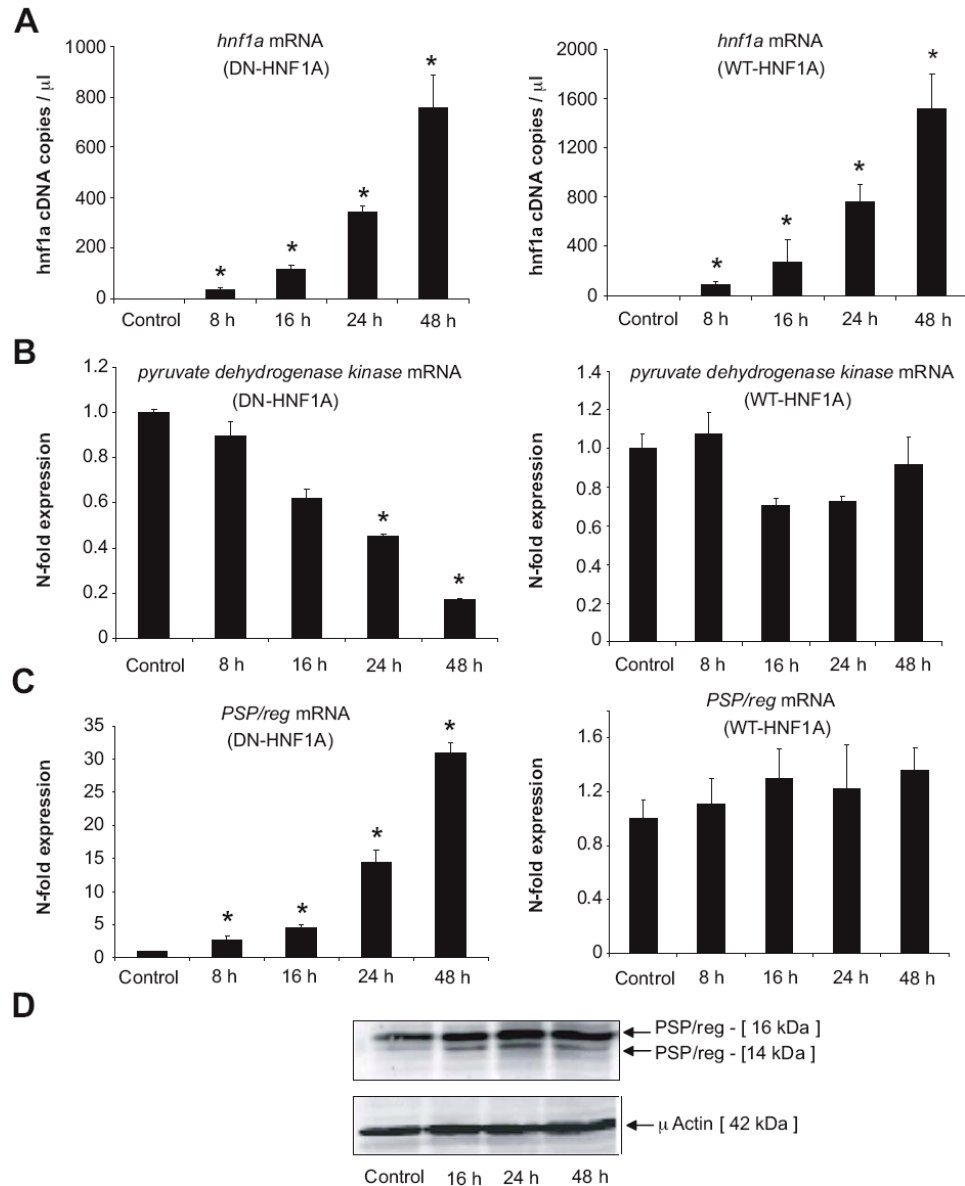


Figure 2

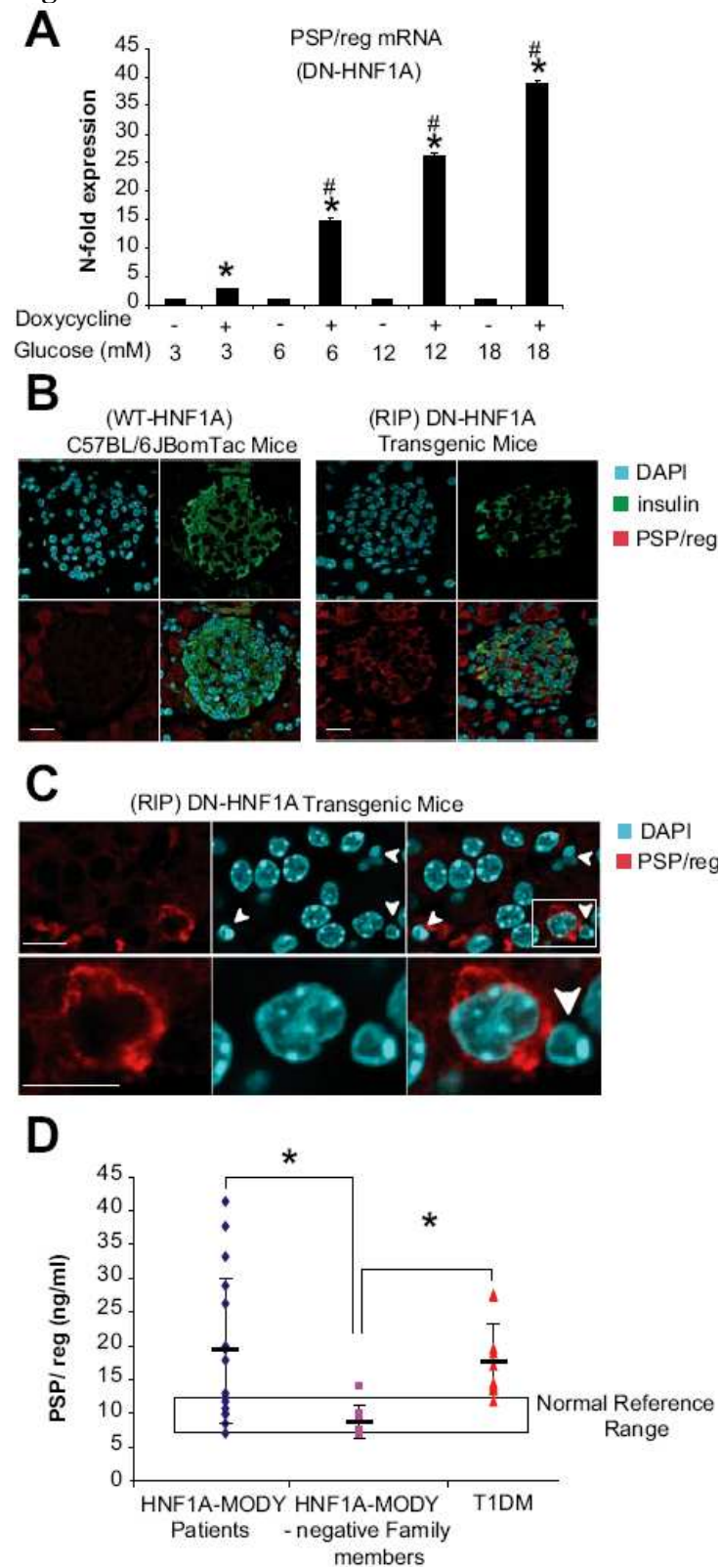


Figure 3

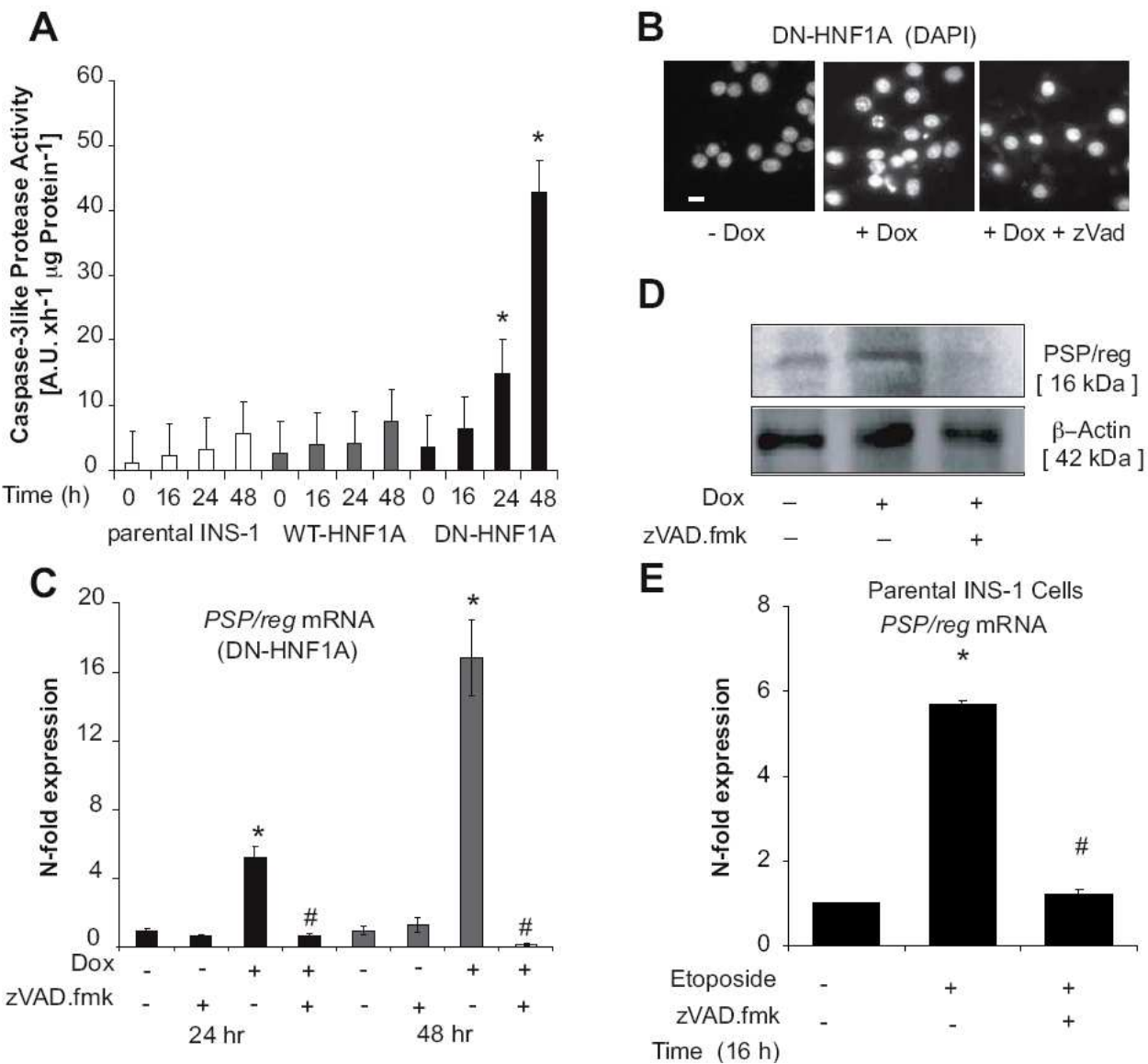


Figure 4

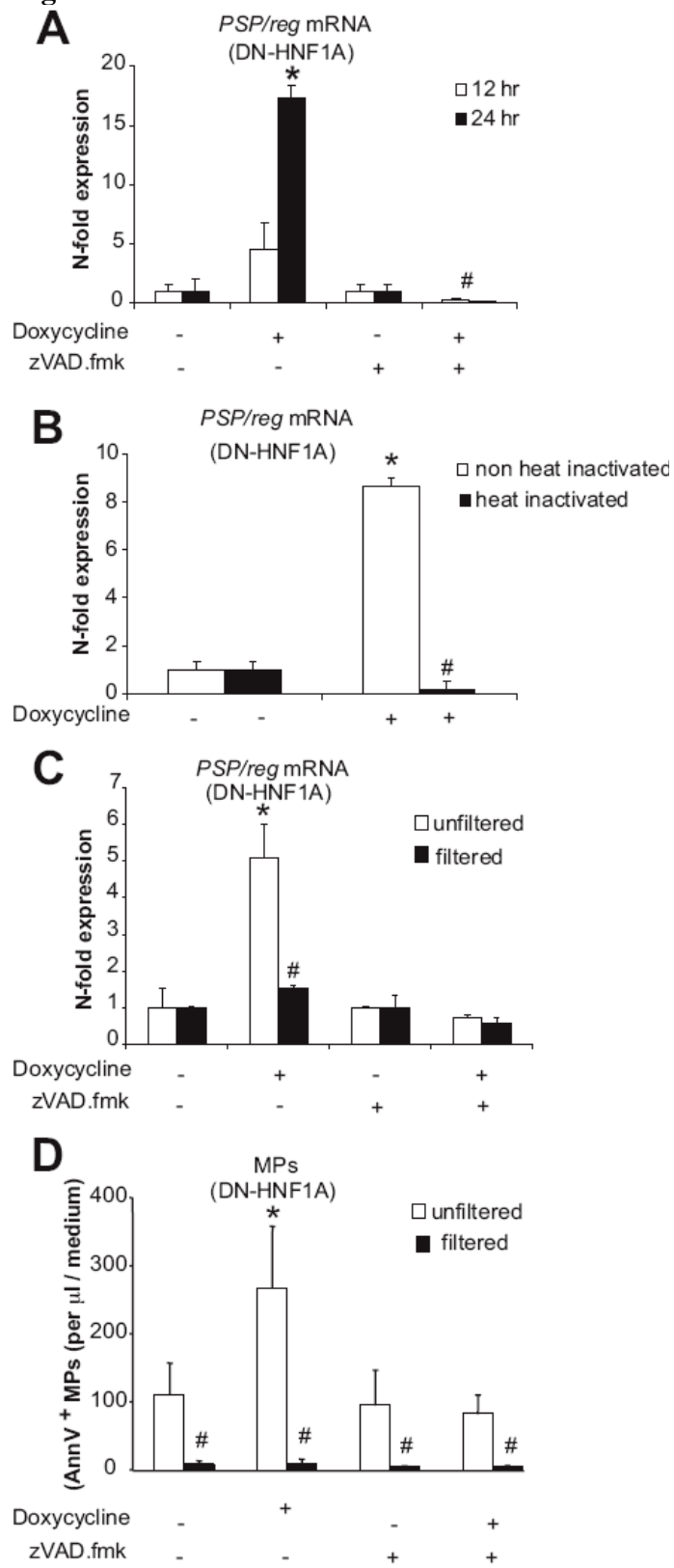


Figure 5

